

**INDIRECT ELECTROCHEMICAL  
DETERMINATION OF RIBOFLAVIN (VB<sub>2</sub>)  
USING 1, 4-BENZAQUINONE MODIFIED  
CARBON PASTE ELECTRODE**

Tesfaye Nemomsa<sup>a</sup>, Shimeles Addisu Kitte<sup>a\*</sup>, Ephrem Tilahun  
Woldemariam<sup>a</sup> and Tadesse Haile Fereja<sup>b</sup>

<sup>a</sup>*Jimma University, College of Natural Sciences, Department of Chemistry,  
P. O. Box 378, Jimma, Ethiopia*

<sup>b</sup>*Ambo University, College of Medicine and Health Sciences, Department of  
Pharmacy, P. O. Box 19, Ambo, Ethiopia*

**Abstract:** Herein, simple voltammetric sensor based on 1,4-benzaquinone modified carbon paste electrode (1,4-BQCPE) is demonstrated for detection of riboflavin (VB<sub>2</sub>). The detection method is established on the decline of 1,4-benzoquinone redox peak current on adding VB<sub>2</sub>. Cyclic voltammetric (CV) and linear sweep voltammetric (LSV) methods were used for the study. The 1,4-BQCPE displayed a distinct peak with consistent peak current values for repeated determinations; and exhibited a decrease in redox peak current value with rise in VB<sub>2</sub> concentration. Two linear range ranges were observed between 0.5 μM - 10 μM and 20 μM - 200 μM, with a limit of detection (LOD) of about 0.087 μM and 14.51 μM, respectively. As compared to bare carbon paste electrode, 1,4-BQCPE showed superb sensitivity. Moreover, good reproducibility, stability and recovery for the detection of VB<sub>2</sub> was obtained with the proposed votammetric sensor and successfully applied for detection of VB<sub>2</sub> in pharmaceutical tablet.

**Keywords:** Electrochemical determination; riboflavin; carbon paste electrodes; 1, 4-benzaquinone

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\* Shimeles Addisu Kitte, *e-mail:* shimeles.addisu1@gmail.com, shimeles.addisu@ju.edu.et

## Introduction

Riboflavin (7,8-dimethyl-10-ribityl-isoalloxazine) also known as vitamin B<sub>2</sub> (VB<sub>2</sub>), is a water soluble vitamin present in different kind of foods and pharmaceutical products.<sup>1-3</sup> VB<sub>2</sub> is an important component of diet and pharmaceutical substance and has significant roles in our human body.<sup>4</sup> It plays a vital role in normal functioning of essential mineral metabolism, hemoglobin synthesis and upkeep of the visual function of an eye.<sup>4-7</sup>

Since VB<sub>2</sub> cannot be produced by human body, it has to be supplemented through ingestion via other sources since its deficiency in humans can lead to several diseases.<sup>8-9</sup> Therefore, development of fast, selective and sensitive methods is vital for determination of VB<sub>2</sub>.

Various analytical methods have been reported for detection of VB<sub>2</sub> in foods and pharmaceuticals. These include chromatographic techniques<sup>10-12</sup>, fluorescence<sup>13-14</sup> and spectroscopy<sup>15</sup>. However, the expensiveness of the instrumentation and tedious procedures are the shortcomings<sup>16</sup>. Since VB<sub>2</sub> is an electroactive species, electroanalytical methods are the possible alternative for electroanalysis of VB<sub>2</sub>. As it is well known, electrochemical methods are usually described by inexpensiveness, possess better sensitivity and selectivity and fast analysis.<sup>5,17</sup>

Carbon paste electrodes (CPEs) and chemically modified carbon paste electrodes (CMCPEs) are extensively utilized in different fields of electrochemistry because of their low background current and noise, simplicity to fabricate, wide potential window, rapid surface renewability by simple polishing, stability, robustness in aqueous media and inexpensiveness. Furthermore, CMCPEs commonly prepared by introducing various modifying substances to the bulk of CPEs so as to enhance

sensitivity, selectivity, and rapidity of detection.<sup>18-21</sup> Quinones are a class of compounds consisting of conjugated cyclic diketone organic systems. They are one of the most used mediators which serve as electron acceptors in mediated biosensors.<sup>22-23</sup> Benzoquinone have been found important modifying agent for the preparation of modified carbon paste electrodes.<sup>24-25</sup>

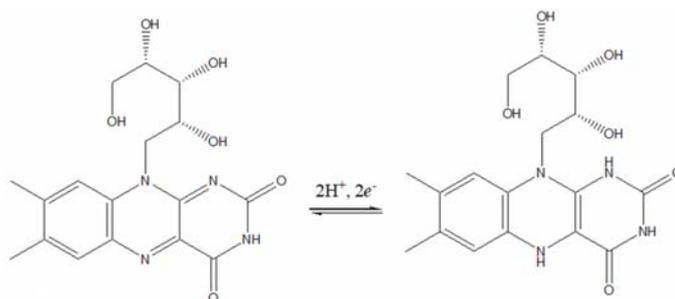
Therefore, in this work, we demonstrated electroanalytical technique using 1,4-BQCPE for electroanalysis of VB<sub>2</sub>. The electrochemical determination of VB<sub>2</sub> is possible due to its electro-reduction at the electrode. In general, it is believed that electro-reduction of VB<sub>2</sub> is a reversible process involving two electrons and two protons (Figure 1).<sup>3</sup>

Accurate detection of VB<sub>2</sub> in pharmaceuticals established the capability 1,4-BQCPE in the electroanalysis of VB<sub>2</sub> in real samples. Therefore, the demonstrated sensor may possibly be used for selective and sensitive determination of the target analyte in pharmaceuticals. So, 1,4-BQCPE has been successfully used for quantification of VB<sub>2</sub> in a tablet with satisfactory recovery.

## Results and Discussion

### *Cyclic Voltammetric Study of Unmodified Carbon Paste Electrode (UCPE) and 1,4-BQCPE in Buffer and in the Presence of VB<sub>2</sub>*

CV was first used to examine the electrochemical properties of the UCPE and 1,4-BQCPE in the absence and presence of VB<sub>2</sub>. As shown in Figure 2A, curve a, the CV recorded in BR buffer (pH 1.5) at UCPE, no redox peaks were observed. Whereas the CV recorded at 1,4-BQCPE in BR buffer (pH 1.5) showed two peaks at potentials of about 0.3 V and 0.56 V (Figure 2B, curve a). The Figure shows that the electrochemical reaction of 1,4-BQ is reversible.

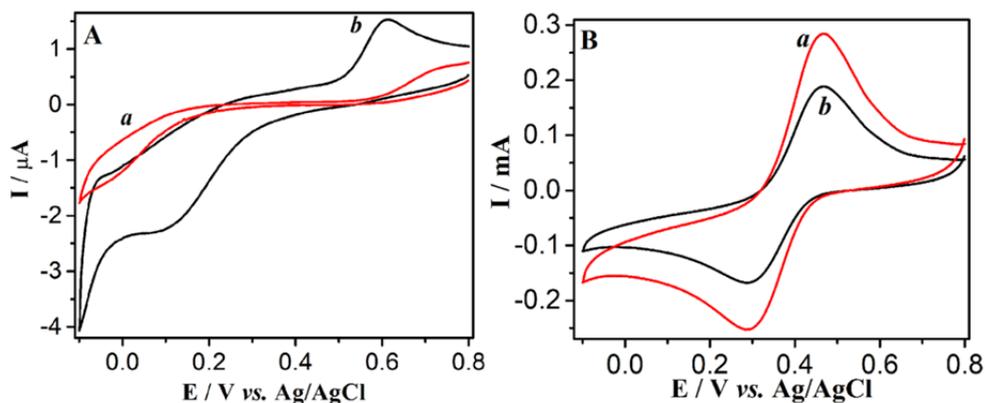


**Figure 1.** The electro-reduction mechanism of VB<sub>2</sub>.

CV for the redox behavior of VB<sub>2</sub> at the UCPE and 1,4-BQCPE at pH 1.5 is shown in Figure 2A and 2B, curve b. As can be observed in Figure 2A, curve b, VB<sub>2</sub> shows two redox peaks at about 0.62 V and 0.1 V which is corresponding to its oxidation and reduction, respectively. However, the intensities of the two redox peaks are very weak as compared to 1,4-BQCPE. The electrochemical redox behavior of 1,4-BQCPE in the presence of VB<sub>2</sub> was shown in Figure 2B, curve b. The 1,4-BQCPE peak current declined when VB<sub>2</sub> was added to the buffer solution. The decrease in redox peak current helps to determine VB<sub>2</sub> by analyzing the decrease in peak current up on addition of different concentration of VB<sub>2</sub>.

As observed in the CV, when the concentration of VB<sub>2</sub> increases, the redox peak current of 1,4-BQ decreases. The decline in redox peak current of VB<sub>2</sub> was found to be directly correlated with the concentration of VB<sub>2</sub>.

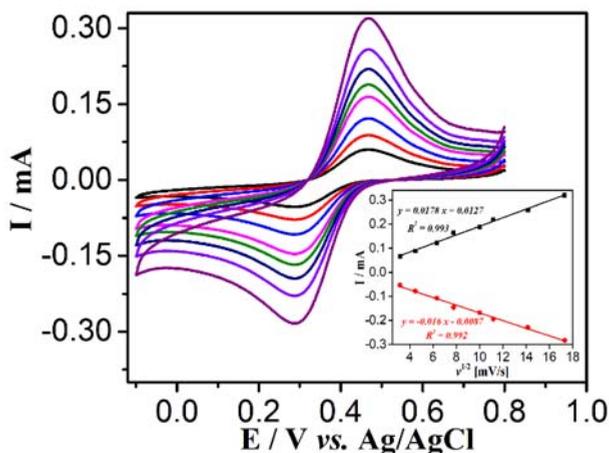
The LSV for 1,4-BQCPE in the presence of VB<sub>2</sub> revealed a distinct peak at the same potential as seen in the CV, and it was observed a reduction in peak current up on increasing the concentration of VB<sub>2</sub>, the reason for which is unclear. A similar phenomenon has been reported by Akililu *et. al.*<sup>25</sup>



**Figure 2.** CV of a) BR buffer pH 1.5 b) 5  $\mu\text{M}$  VB<sub>2</sub> (pH 1.5) at UCPE (A) and 1, 4 BQCPE (B); scan rate 50  $\text{mVs}^{-1}$ .

Herein, we examined different assumptions for the possible reason for the decline in redox current up on rising the concentration of VB<sub>2</sub>. We expected an electroactive complex formation at the electrode surface because of adsorption of VB<sub>2</sub> on to the electrode surface, which may result competitive surface adsorption resulting in the variation of electrochemical parameters. This assumption was carefully studied by varying scan rate using 1,4-BQCPE in the presence of VB<sub>2</sub>. The result showed that the peak current of VB<sub>2</sub> linearly increases with the square root of scan rate which shows diffusion controlled mechanism (Figure 3). Therefore, competitive surface adsorption is not a reason for the decrease in peak current up on successive addition of different concentrations of VB<sub>2</sub>.

The other assumption is, there might be the formation of an electro inactive complex of 1,4-BQ with VB<sub>2</sub>. The experimental evidences found from UV-Vis measurement shown no proof for any complex formation between VB<sub>2</sub> and 1,4-BQ. However, in depth investigations and studies are needed.



**Figure 3.** CV of 5  $\mu\text{M}$   $\text{VB}_2$  at 1,4-BQCPEs in BR buffer at pH 1.5 at different scan rates, from 10-300  $\text{mVs}^{-1}$  (Inset : The plot of  $I_{\text{pa}}$  and  $I_{\text{pc}}$  vs.  $\nu^{1/2}$ ).

### *Optimization of Experimental Parameters*

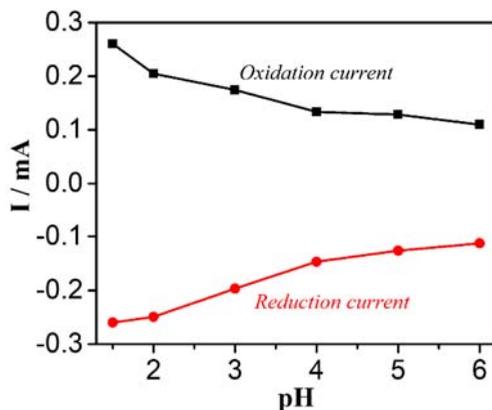
To obtain the best experimental conditions, some parameters were optimized for CV and LSV determination of  $\text{VB}_2$  at 1,4-BQCPE.

### *Effects of pH*

In order to improve the performance of 1,4-BQCPE, the pH of supporting electrolytes on the redox current of  $\text{VB}_2$  at 1,4-BQCPE studied. Therefore, the influence of the pH of supporting electrolyte on the 1,4-BQCPE redox current was tested in the range from 1.5 to 6.0, and shown in Figure 4.

As observed from the Figure 4, both the oxidation and reduction current decreases with rise in pH of the buffer. This can be described by the protonation-deprotonation phenomenon of  $\text{VB}_2$  during the redox reaction. With rise in pH value, the peak current of  $\text{VB}_2$  declines because  $\text{VB}_2$  undergoes deprotonation process which hinders the redox process and hereafter leads to the decline in the redox current.<sup>17, 26-27</sup> Since the peak

current is decreasing with increase in pH, pH of 1.5 was used for further study.



**Figure 4.** The relationship between the redox peak current of VB<sub>2</sub> and buffer pH values.

#### *Effects of Composition of Modifiers*

The amount of 1,4-BQ on the voltammetric response of the 1,4-BQCPE was examined by changing the amount of 1,4-BQ, graphite powder and paraffin oil.

As shown on Figure 5, the maximum peak current was observed at 20% (w/w) composition of 1,4-BQ in the carbon paste. The peak current decreased when the amount of 1,4-BQ is higher than 20% (w/w). The decrease in peak currents of the electrode is because of the reduction of the electric conductivity as a result of decrease in the graphite content in the paste. The best composition for the electrode was found to be, 20% (w/w) 1,4-BQ, 60% (w/w) graphite powder and 20% (w/w) paraffin oil.

#### *Calibration Plot for Riboflavin*

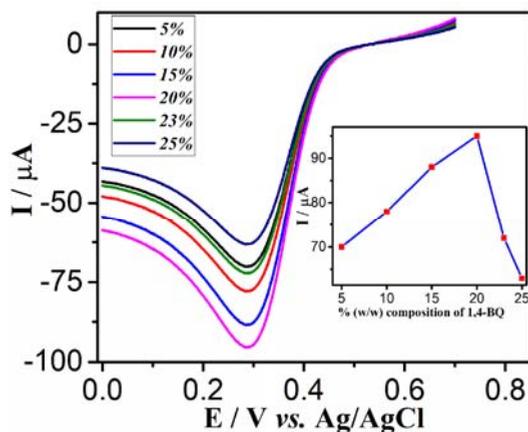
The 1,4-BQCPE displayed a distinct peak with consistent cathodic current readings for repeated measurements; and indicated a decline in reduction current reading with rise in VB<sub>2</sub> concentration. The result shows

two linear ranges between 0.5  $\mu\text{M}$  and 10  $\mu\text{M}$  and 20  $\mu\text{M}$  and 200  $\mu\text{M}$ , with regression equations:

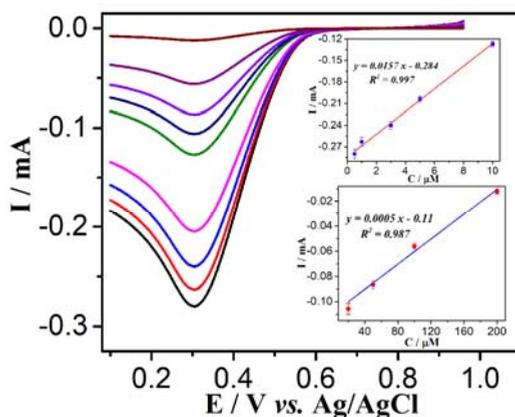
$$y = 0.0157x - 0.284 \quad (x \text{ concentration in } \mu\text{M}), R^2 = 0.997$$

$$y = 0.0005x - 0.11 \quad (x \text{ concentration in } \mu\text{M}), R^2 = 0.987, \text{ respectively}$$

(Figure 6).



**Figure 5.** LSV of  $\text{VB}_2$  at 1,4-BQCPE with different composition of 1,4-BQ (Inset: Effect of composition of 1,4-BQ on the reduction peak current; Note: the y-axis in the inset is the absolute value of cathodic current).



**Figure 6.** LSV of 1,4-BQCPE at different  $\text{VB}_2$  concentrations (Inset: The corresponding calibration curve from 0.5 – 10  $\mu\text{M}$  and from 20 – 200  $\mu\text{M}$ ).

A limit of detection of 0.087  $\mu\text{M}$  and 14.51  $\mu\text{M}$  ( $3\sigma/m$ ), respectively for the two linear ranges ( $\sigma$  is the standard deviation of the blank and  $m$  is the slope of the calibration curve).

The analytical performance of the demonstrated electrode was compared with previously reported sensors and results are shown in Table 1. It can be realized from the Table that the proposed electrode herein are comparable in terms of linear range, sensitivity and reproducibility to those attained with other electrodes used for the detection of VB<sub>2</sub>.

**Table 1.** Comparison between the proposed sensor and other electrodes.

Electrode	Modifier	Method	LOD ( $\mu\text{M}$ )	Linear range ( $\mu\text{M}$ )	Ref.
Carbon paste electrode	Zeolite	CV	0.71	1.7 - 34	6
Glassy carbon electrode	MnO <sub>2</sub>	DPV	0.0015	0.02 - 9	9
Copper electrode	Bi	SWAdSV	0.1 and 1.1	0.3 - 0.8 and 1.0 - 9.0	28
Rotating disk glassy carbon	Hematite ( $\alpha\text{-Fe}_2\text{O}_3$ )	SWV	8.4	1.3 - 100	29
Carbon paste electrode	1,4-BQ	LSV	0.087 and 14.51	0.5 - 10 and 20 - 200	This work

#### *Repeatability, Reproducibility and Stability of 1,4-BQCPE*

The repeatability of 1,4-BQCPE was obtained by estimating the percent relative standard deviation (%RSD) of triplicate determination of a solution of 5  $\mu\text{M}$  VB<sub>2</sub>. The %RSD were obtained to be 4.7%.

Three different electrodes were used to determine the reproducibility between 1,4-BQCPEs and the calculated %RSD was about 7.7% in a

solution of 5  $\mu\text{M}$   $\text{VB}_2$ . This result showed that the repeatability and reproducibility of the 1,4-BQCPE was satisfactory.

The stability of modified electrode was studied by measuring the current response of 5  $\mu\text{M}$   $\text{VB}_2$  at 1,4-BQCPE after the electrode kept at room temperature for 14 days. It was observed that, the current response conserved almost 95.4 % of its initial value.

**Table 2.** Study of effect of interferences.

<b>Interferences</b>	<b>Change in reduction currents (%)</b>
Ascorbic acid	- 0.91
Glucose	1.78
Uric acid	1.3
$\text{VB}_1$	1.1
$\text{VB}_6$	-8.2

#### *Interference Study*

The effect of interference for the detection of  $\text{VB}_2$  at 1,4-BQCPE was evaluated by studying the selectivity using possible interfering agents. Various possible interfering species were added into the solution containing 1  $\mu\text{M}$  of  $\text{VB}_2$ . The result was shown in Table 2. The change in reduction current was taken as the difference between the reduction current of 1  $\mu\text{M}$   $\text{VB}_2$  alone and the reduction current after adding 10  $\mu\text{M}$  interferences. Percentage in change in reduction current was calculated by Eq. (1). It was observed that 0.1 mM ascorbic acid (AA), uric acid (UA), glucose (GL), and  $\text{VB}_1$  have negligible interference with the determination of 1  $\mu\text{M}$   $\text{VB}_2$ . But 8.2% of the reduction current of  $\text{VB}_2$  was decreased by adding 10  $\mu\text{M}$   $\text{VB}_6$ .

$$\Delta i(\%) = \frac{i_{VB_2} - i_{mix}}{i_{VB_2}} \times 100 \quad (1)$$

### *Real Sample Analysis and Recovery Study*

For practical applicability of 1, 4-BQCPE for the detection of VB<sub>2</sub>, VB<sub>2</sub> in content in pharmaceutical tablets was used. This sample was prepared as described in experimental section. Briefly, the tablet from Ningbo Shuangwei Pharm. Co., Ltd. was weighed and powdered in a mortar and pestle. 0.18 g of the powdered tablet was dissolved in to 100 mL volumetric flask and diluted with BR buffer. It was labeled that one multivitamin tablet contains 10 mg of VB<sub>2</sub>. Therefore, the concentration corresponding to 10 mg of VB<sub>2</sub> in the tablet in 100 mL is 0.266 mM. The diluted solution was directly analyzed by proposed method. Finally, 20 μL of tablet sample solutions was diluted in 10 mL BR buffer. Triplicate of LSV was measured and the mean values were recorded. Also three different solutions of VB<sub>2</sub> solutions were prepared by mixing 20 μL of tablet sample solution with 1.00 μM, 3.00 μM and 6.00 μM standards of VB<sub>2</sub> and the % recovery was calculated. The determination of VB<sub>2</sub> in the tablet was taken place using the regression equation of the calibration curve. The percent recovery was performed to evaluate the accuracy of the method and the results are presented in Table 3 and 4.

**Table 3.** Amount of VB<sub>2</sub> detected in the multivitamin tablet with the demonstrated method.

Expected (μM)	Detected		Labeled value (mg/tablet)	% recovery
	In μM	mg/tablet		
0.54	0.53	9.82	10.00	98.15

**Table 4.** Recovery study of VB<sub>2</sub> in real sample.

Present ( $\mu\text{M}$ )	Added ( $\mu\text{M}$ )	Expected ( $\mu\text{M}$ )	Found ( $\mu\text{M}$ )	%Recovery	%RSD
	1.00	1.54	1.59	103.25	4.50
0.54	3.00	3.54	3.61	101.98	4.91
	6.00	6.54	6.52	99.69	5.21

## Experimental

### *Chemicals*

VB<sub>2</sub> (Sigma Aldrich), 1,4-benzaquinone (Merck), paraffin oil (Fulka, Switzerland), graphite powder (BDH, UK), H<sub>3</sub>BO<sub>3</sub> (Techno Pharmachem), HCl, 37% (Riedel de Haen), NaOH (LeSOL laboratory reagent), H<sub>3</sub>PO<sub>4</sub>, 85% (Riedel de Haen), CH<sub>3</sub>COOH, 100% (BDH), VB<sub>2</sub> tablet (Ningbo Shuangwei Pharm. Co., Ltd) and distilled water was used to prepare all aqueous electrolyte solutions throughout the study.

### *Instruments*

The electrochemical measurement was performed by using Epsilon EC-Ver 1.40.67 voltammetric analyzer (Bioanalytical System, USA), using a standard cell with three electrodes. The three electrode system consists of UMCPE or 1,4-BQCPE which was used as working electrode, Ag/AgCl as a reference electrode and a platinum wire as a counter electrode.

### *Procedure for Preparation of Solution*

#### *Buffer solution*

Britton–Robinson (BR) buffer was prepared by dissolving 0.004 M H<sub>3</sub>BO<sub>3</sub>, 0.004 M H<sub>3</sub>PO<sub>4</sub> and 0.004 M CH<sub>3</sub>COOH in distilled water and adjusting to the required pH value with dilute hydrochloric acid solution 0.1 M HCl and 0.1 M NaOH.

### *Standard preparation*

VB<sub>2</sub> was prepared by dissolving 1.882 g of the component into 100 mL of distilled water. The solution was then stored in reagent bottle and covered with aluminum foil to prevent degradation on contact to light. Working solutions of VB<sub>2</sub> standards were prepared daily by diluting the stock solutions in supporting electrolyte to the required concentrations.

### *Preparation of Electrodes*

#### *Preparation of UCPE*

The a mixture of 70% (w/w) graphite powder and 30% (w/w) paraffin oil was mixed and homogenized for 30 min with mortar and pestle. Then, 0.1 g of this paste was filled and pressed into 3 mm diameter and 7 mm deep Teflon tube and kept overnight at room temperature. For electrical contact a copper wire was put in from the backside of the Teflon tube. Finally, the electrode surface was flattened and smoothed against a clean smooth white paper until a polished shiny surface was appeared.

#### *Preparation of 1,4-BQCPE*

First, 20 mg of 1,4-BQ and 60 mg of graphite powder were added in a mortar and pestle and mixed for 5 min. To this mixture 20 mg of paraffin oil was added and carefully homogenized for 30 min. 0.1 g of the obtained paste was packed into 3 mm diameter and 7 mm deep Teflon tube and kept overnight at room temperature. For electrical contact a copper wire was introduced from the backside of the Teflon tube. Then, the electrode surface was flattened and smoothed against a clean smooth white paper until a polished shiny surface was appeared before electrochemical measurements.

### *Procedure of Reproducibility, Repeatability and Stability Study of 1,4-BQCPE*

To study the reproducibility of the 1,4-BQCPE, three modified electrodes were used to measure the same concentration of VB<sub>2</sub> on three successive days (three measurements on each day). Then, the %RSD was calculated for the measured current signal to estimate the reproducibility between 1,4-BQCPEs.

For the repeatability study, the 1,4-BQCPE was prepared and the concentration of VB<sub>2</sub> was measured three times in one day at 1,4-BQCPE. Then, the %RSD of the readings was calculated to evaluate the repeatability of the measurements.

To examine the stability of the modified electrode, three 1,4-BQCPE were prepared on the same day. The reduction current of VB<sub>2</sub> was recorded on different days. On each day, triplicate measurements were taken and the average current signals of day one were compared to those of the last day to evaluate the stability of 1,4-BQCPE.

### *Interference Study*

For the applicability of the 1,4-BQCPE for the detection of VB<sub>2</sub> was evaluated by studying the selectivity of the method for the determination of VB<sub>2</sub>. Various possible interfering species such as, 0.1 mM ascorbic acid (AA), uric acid (UA), glucose (GL), Vitamin B<sub>1</sub> (VB<sub>1</sub>) and Vitamin B<sub>6</sub> (VB<sub>6</sub>) were added into the solution containing 1 μM of VB<sub>2</sub>. Then the percent change in the reduction current of VB<sub>2</sub> was calculated up on addition of these interfering substances.

### *Procedures of Real Sample Preparation*

VB<sub>2</sub> tablets were purchased from local drug store (Ningbo Shuangwei Pharm. Co., Ltd.) and it was weighed and powdered in a mortar

and pestle. 0.18 g of the powdered tablet was dissolved in to 100 mL volumetric flask and diluted with BR buffer. It was labeled that one multivitamin tablet contains 10 mg of VB<sub>2</sub>. Therefore, the concentration corresponding to 10 mg of VB<sub>2</sub> in the tablet in 100 mL is 0.266 mM. The diluted solution was directly analyzed by proposed method. Finally, 20  $\mu$ L of tablet sample solutions was diluted in 10 mL BR buffer. Triplicate of LSV was measured and the mean values were recorded. Also three different solutions of VB<sub>2</sub> solutions were prepared by mixing 20  $\mu$ L of tablet sample solution with 1.00  $\mu$ M, 3.00  $\mu$ M and 6.00  $\mu$ M standards of VB<sub>2</sub> and the %recovery was calculated. The determination of VB<sub>2</sub> in the tablet was taken place using the linear regression equation obtained for the calibration curve.

### **Conclusions**

In summary, in this work 1,4-BQCPE was used for the voltammetric determination of VB<sub>2</sub>. The demonstrated method is simple, sensitive and cost effective. It can thus be concluded that the performance of 1,4-BQCPE is comparable with other carbon paste electrode based voltammetric analysis of VB<sub>2</sub>. The linear working range for the first one is very lower and the detection limit was enhanced to allow a sensitive detection of VB<sub>2</sub>. The developed sensor showed a low limit of detection, good repeatability and appropriate selectivity. Moreover, the proposed method successfully used for determination of VB<sub>2</sub> in pharmaceutical tablets.

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